



( SARDAR PATEL EDUCATION TRUST MANAGED )

**B. N. PATEL INSTITUTE OF PARAMEDICAL & SCIENCE**

(PARAMEDICAL DIVISION) (2(f) and 12B Recognition by UGC)

**B.N. PATEL COLLEGE OF PHYSIOTHERAPY**

(Recognized by Health and Family Welfare Department, Govt. of Gujarat)

(Affiliated to Sardar Patel University, Vallabh Vidyanagar)

and

On occasion of

*World Hypertension Day*

*Please join us for*

**Expert talk  
On  
Measure your blood pressure,  
control it,  
live longer**

**Dr. Hemant Antani**

**MD Physician  
Arpan Hospital  
Anand.**

**Event Details**

**16th May 2021  
11:30 am onwards  
On Zoom platform**



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*Please join us for*

*Expert talk*  
*On*  
*Physical and Mental Well being*

**Chhavi Goel**  
**Nutritionist @ Rujuta Diwekar team**

Event Details  
17th May 2021  
11:30 am onwards  
On Zoom Platform





PUBLIC  
HEALTH  
FOUNDATION  
OF INDIA



Indian Institute of Public Health Gandhinagar in collaboration with  
State Mental Health Authority Gujarat and  
BN Patel Institute of Paramedical and Science Anand  
co-hosts Interactive Webinar

**BE KIND TO YOUR MIND:**  
**MANAGING STRESS AMONG COLLEGE STUDENTS  
DURING COVID-19 PANDEMIC**

**SATURDAY, MAY 22, 2021**  
**11:30AM-12:30 PM IST**

**Welcome and Introduction**  
**11.30 to 11:35**



**Dr. Somen Saha**  
Associate Professor, IIPHG

**Opening Remarks**  
**11.35 to 11:40**



**Dr. Ajay Chauhan**  
Member Secretary,  
State Mental Health  
Authority Gujarat

**Panel Discussion 11:40 to 12:15**



**Dr. Latha K.**  
Assistant Professor,  
Department of Mental  
Health Education  
NIMHANS, Bangalore



**Dr. Deepti Bhatt**  
Senior Psychiatrist  
Hospital for Mental Health  
Ahmedabad

**Q & A Session**  
**12:15 to 12:25**



**Dr. Apurvakumar Pandya**  
Psychologist, IIPHG

**Moderator**

**Vote of Thanks**  
**12:25 to 12:30**



**Dr. Arpita Arora**  
Director, BN Patel Institute  
of Paramedical and Science

**Register your Participation and Questions for Panelists by 20<sup>th</sup> May, 2021**  
**[https://zoom.us/webinar/register/WN\\_q82vXPmLQtCxF0nSonBJlg](https://zoom.us/webinar/register/WN_q82vXPmLQtCxF0nSonBJlg)**





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## WEBINAR TOPIC

**“Gene Technology - An Important Diagnostic Tool in Health Sector”**



**Dr. Sneha Trivedi**  
Speaker

**Tuesday, 25<sup>th</sup> May 2021**  
**Start at 11:30 am**  
**on zoom Platfrom**

**Website : [www.bnparamedical.org.in](http://www.bnparamedical.org.in)**



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WEBINAR TOPIC

**Public Speaking**

**Thursday, 27<sup>th</sup> May 2021**  
**Start at 01:30 pm**  
**on Zoom Paltform**

**Session Moderator : Dr. Arrpita Arorah**  
(Group Director)

## **ANGELA REBELLO**

**Emcee , TV host and Travel influencer.**  
She is the winner of Zoom Anchor Hunt,  
Filmfare redcarpet host for 4 years in a  
row and has anchored shows Zee tv,  
NDTV prime and ET now.  
Done more than 1500 shows and  
Traveled to more than 50 countries



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### Menstrual Hygiene Day



**Chief Guest**

**Dr. Laxmi Bhavani**  
Chief of UNICEF, Gujarat

**Topic:**  
**Action & Investment**  
**in Menstrual**  
**Hygiene & Health**

**Monday May 31<sup>st</sup> , 2021, Start at 03:00 pm on zoom App**

**Supported By Dr. Arrpita Arorah (Director)**

**Website : [www.bnparamedical.org.in](http://www.bnparamedical.org.in) / [www.bnpatelphysiotherapy.com](http://www.bnpatelphysiotherapy.com)**